

## **CURRICULUM VITAE**

**Dr. Shaveta Menon**

### **Personal Address:**

215 Urban Estate, Phase 2

Jalandhar (Punjab)144022.

Email:shaveta\_003@yahoo.com

Contact: 8448252758

Alternate email: menonshaveta@gmail.com

### **PROFILE**

**Presently working as an Assistant Professor in Public Health** in a private university.

Researcher in Social Medicine and Community Health worked on tobacco related policies.

Masters in Public Health and Graduate in Dental Surgery holding experience in community research.

Has a strong focus on policy related issues and the associated implications on health of the population

Strong advocate for Interdisciplinary nature as well as teaching for Public Health

### **Students guided for thesis for MPH**

Four students have been guided independently for thesis in their MPH with varied topics as:

- Assessment of knowledge regarding oral health problems and oral hygiene practices among the patients of diabetes mellitus attending the medicine OPD of family nursing home Mubarikpur camp district Mohali (Punjab)
- Assessing orodental problems in pregnant ladies in selected private hospitals of tehsil Kangra (Himachal Pradesh)
- Assessing the impact on quality of life among acne vulgaris patients (16-35years) in selected private skin clinics of district Pathankot, Punjab
- An exploratory study to assess the factors influencing the utilization of health care services among brick kiln factory workers in selected areas of district Gurdaspur, Punjab

### **Subjects Taught as Sole Instructor in reverse chronological order**

- Introduction to Health System and Policy in Developing Countries
- Introduction to Health Programs and Evaluation
- Law and Ethics in Public Health
- Health Program, Policy and Planning
- Health Promotions Approaches and Methods
- Public Health in Emergencies: Accidents & Injuries. Disaster & Conflict Management: Bioterrorism. Occupational Health.

## **Administrative work**

Acting as Provisional Head of Department and in charge of various committees and administrative work in the University

Department in charge of Institution Innovation Cell constructed under the scheme and support of MHRD

Department In charge of Committee for University prospectus

Department in charge of Cultural Committee

Department in Charge of Academic Council

## **EDUCATION**

**PhD** in public health (submitted and defended) **(2015-2019)**

Centre of Social Medicine and Community Health, Jawaharlal Nehru University (JNU)

Topic of thesis “Policy context and social correlates of tobacco use: A case study of District Jalandhar, Punjab”

Concentration: Health related Policies

**MPhil** in same department of JNU **(2013-2015)**

Dissertation topic “State of oral health care in public health settings in district of Jalandhar (Punjab)”

### **Relevant coursework**

Community health and its organisation in India, Social Science issues in community health, Social Science: towards an integrated approach, nutrition and maternal and child health and political economy of health.

**CGPA: 7.25**

**Masters in Public Health** **(2011-2013)**

Punjab University, Chandigarh

Dissertation topic “Status of operationalisation of Food Safety and Standards Regulation (FSSR) 2011 in Chandigarh”

### **Relevant coursework**

Basic concepts in Public health, epidemiology, Reproductive health and family planning Research methodology, Global health, Biostatistics, Environmental health, Public health in emergencies and disaster , Health education and counselling.

**CGPA: 8.479(Gold medalist)**

**Bachelor of Dental Surgery** **(2002-2007)**

Dasmesh Institute of Research and Dental Sciences, Faridkot (Punjab)

### **Relevant coursework**

Anatomy, General Human Physiology, Biochemistry, Dental materials, General Pathology, General Microbiology, General and dental pharmacology, Oral and Dental anatomy,

Community dentistry ,Orthodontia, Periodontics , Prosthodontics, Pedodontics, Oral surgery, Conservative and operative dentistry and Oral medicine and radiology .

**Percentage: 63.81**

## **ACHIEVEMENTS**

Certificate control on tobacco control by Public Health Foundation of India during MPhil with an A grade for academic session 2015.

Gold medal in MPH for outstanding academic achievements as a student as well as a budding public health expert

Cleared UGC NET JRF for December 2012 in first attempt while doing masters for scholarship in Social Medicine and Community Health

Distinction in Biochemistry during graduation in first year of Dental School.

## **WORK EXPERIENCE**

Worked as Research Assistant for Institute of Chinese Studies for two months June-July 2020 before joining job as Assistant Professor

Three years of practise as a dentist in a charitable hospital helped to look into the intricacies of clinical practise and lack of preventive approach to oral health (2008-2011).

As a public health expert to look for the invisible in the field and relate various elements of health together provides me an additional advantage to further my work. The experiences of research gained during masters, MPhil and PhD is a positive for the pursuance of my ultimate goal in the field of research.

## **PUBLICATIONS**

**Accepted for publication/In press**

### ***Book chapter***

Bisht, R & Menon S (2020). “Labour dynamics and heterogeneity of the health workforce in India: Cleavages within and without” for a book by Anveshi Research Centre.

### ***Journal Article***

Menon S, Nair B & Bisht,R. (2020).Contextualising tobacco use in the social, economic and political transformation of Punjab. Journal of ethnicity in substance abuse.

### **Published**

Menon S. (2018). Street-level bureaucracy in tobacco control: A qualitative study of health department in district Jalandhar, Punjab. *Indian Journal of Community Medicine*, 43(4), 270-273.

Menon,S.(2016) Provisioning of dental health in public hospitals: A case study of District Jalandhar, Punjab. *Indian J Dent Res* , 27,592-596.

Thakur,P.,Menon.S. & Saini,J.S.(2013) Landscaping disability education in India: A study of North Indian city. *International journal of research in computer application and management*, 3(7), 30-33.

**Reviewed article for Journal titled “Health and Population: Perspectives and Issues (HPPI)” published by National Institute of Health and Family Welfare, New Delhi.**

### **Presentations and workshops**

Presented a poster titled “Kiosk Holders as Important stakeholders in Tobacco Control Policy: A Case Study of district Jalandhar, Punjab” at International Public Health Conference (25- 26 Nov ,2019) at Amrita Institute of Medical Sciences, Kochi Kerala in alliance with Global Health Institute, Harvard.

Participated in 6<sup>th</sup> International Conference on Nursing titled “Collaborative Approach for Holistic health care”(11-12 October) at Akal College of Nursing, Eternal University Baru Sahib.

Participated in National Conference on Healthcare in India-Need for Paradigm Shift, August 31- September 1, 2019, Eternal University, Baru Sahib and International Institute of Health Management Research (IIHMR), Delhi, Sponsored by HelpAge India.

Poster presented at International Health Conference 2019, St.Hugh's College, University of Oxford, Oxford (26<sup>th</sup> June 2019 to 28<sup>th</sup> June 2019) titled “Tobacco cessation and Symbolic Interactionism: A theoretical analysis of Global Adult Tobacco Survey India, 2016-17” (Menon,S. & S. Swapnil).

Poster presentation in the First World NCD Congress 2017 held at PGIMER, Chandigarh (4 to 6th Nov 2017) published as: Menon,S.(2017).Political economy of tobacco control in India: Role of tobacco Industry in tobacco control legislation.”Published in the *International Journal of Non communicable diseases*,1(2), 61.

Participated in ICCSR sponsored Research methodology workshop in Ambedkar University Delhi titled “Qualitative research and Ethnography: Theory, Method and analysis from 20<sup>th</sup> February 2018 to 1<sup>st</sup> March 2018.

### **PROFESSIONAL SKILLS**

Proficient in Microsoft (Excel, Word, Power point) SPSS, Deedose, End note 8.

Fluent in English, Hindi and Punjabi.

### **Memberships**

Lifetime membership of Indian Public Health Association and entitled to use the designation “M.I.P.H.A”

Membership number: L/2011/PUN/5911

## **PERSONAL ATTRIBUTES**

The power element of my personality is my hard work, sincere dedication and consistency to keep working. Through these attributes as well as my professional knowledge, I want to grow as a public health expert who proves to be an asset for the organisation I work for or work with. Ability to comprehend things and honesty to introspect makes me stand out in the crowd and leads me to my destination slowly and steadily.

## **CREATIVE ENGAGEMENTS**

Published articles of public health importance at the national portal The Wire co-authored with Dr. Ramila Bisht

**1. ASHA Workers Are Indispensable. So Why Are They the Least of Our Concerns? On 1<sup>st</sup> May 2020 .** <https://thewire.in/rights/asha-workers-coronavirus>

**2. Dentistry and Corona: The Ignored Limb of the Public Health System dated 13<sup>th</sup> May 2020** <https://science.thewire.in/health/dentists-coronavirus/>

Part of BBC Punjabi video on Asha workers as public health expert

<https://www.facebook.com/BBCnewsPunjabi/videos/523611935185163>

Appeared on BBC Punjabi face book live for discussions on topics relevant to public health, the links for which are below.

<https://www.facebook.com/BBCnewsPunjabi/videos/474894062966388/UzpfSTeWMDAwMjA1NzQ2NjQ0NToxNzIxMDYzNjg3OTcyMTk3/>

<https://www.facebook.com/BBCnewsPunjabi/videos/465931990529262/UzpfSTeWMDAwMjA1NzQ2NjQ0NToxNzAyOTYxMjU2NDQ5MTA3/>

Written articles for open page of The Hindu

1. On the road to a PhD dated 27<sup>th</sup> January, 2019

<https://www.thehindu.com/opinion/open-page/on-the-road-to-a-phd/article26101319.ece>

2. Coffee and some questions dated 14<sup>th</sup> October, 2018.

<https://www.thehindu.com/opinion/open-page/coffee-and-somequestions/article25215353.ece>

- An Active blogger engaged in creative writings.

<https://wordpress.com/home/talkativeus.wordpress.com>